

Personalised Training Program

Live Fitness Session + Nutrition Diet Plan

Online/Offline Fitness Session

Zumba, Bollyfit, Toning, Yoga & More

Features

- 5 Days Weekly Sessions
- Personalized Diet Plan Based On Your Goals And Lifestyle.
- Weekly Assessment Call
- WhatsApp Services Mon-Sat
- Certified Instructors & Nutritionists



Plans & Pricing

Personal Training:

1 month
₹7500

- ✓ Nutrition Diet Plan
- ✓ Live Classes
- ✓ Workout Plans

3 months
₹18000

- ✓ Nutrition Diet Plan
- ✓ Live Classes
- ✓ Workout Plans